# **Ibutyle P Suspension**

Ibuprofen (100mg) + Paracetamol (125mg) Suspension

## **Description**

Ibuprofen (100mg) + Paracetamol (125mg) Suspension is a combination medication designed to provide effective relief from mild to moderate pain and fever. The suspension contains two active ingredients: Ibuprofen, a nonsteroidal anti-inflammatory drug (NSAID), and Paracetamol (Acetaminophen), an analgesic and antipyretic. Together, they work synergistically to reduce pain, inflammation, and fever, making this formulation suitable for conditions such as headaches, muscle aches, toothaches, menstrual pain, and other minor discomforts.

#### Composition

- Active Ingredients per 5ml (1 teaspoon):
  - o Ibuprofen: 100mg
  - o Paracetamol: 125mg
- Excipients:
  - The formulation may contain excipients such as flavoring agents, colorants, preservatives, and water to aid in suspension stability and palatability.

## **Indications**

Ibuprofen (100mg) + Paracetamol (125mg) Suspension is indicated for:

#### 1. Pain Relief:

 Effective for alleviating mild to moderate pain from various sources, such as headaches, toothaches, back pain, muscular pain, and joint pain.

#### 2. Fever Reduction:

 Helps in reducing fever associated with infections, colds, or other febrile conditions.

#### 3. Menstrual Pain:

- Relief of pain associated with menstruation (dysmenorrhea).
- 4. Post-operative Pain:
  - Useful for relieving mild pain following minor surgeries or dental procedures.
- 5. Cold and Flu Symptoms:
  - Aids in managing symptoms of the common cold or flu, including fever and body aches.

## **Dosage and Administration**

Ibuprofen (100mg) + Paracetamol (125mg) Suspension should be taken orally. The exact dosage will depend on the patient's age and weight. Always follow the instructions provided by your healthcare provider or as mentioned on the product packaging.

- Adults and Children Over 12 Years:
  - Take 10–15ml of the suspension (equivalent to 200–300mg Ibuprofen and 250–375mg Paracetamol) every 4–6 hours as needed. Do not exceed 4 doses in 24 hours.
- Children (6–12 years):
  - Take 5–10ml of the suspension every 6–8 hours as needed. The total dosage should not exceed 40ml in 24 hours.
- Children (2–6 years):
  - Take 2.5–5ml of the suspension every 6–8 hours as needed. The total dosage should not exceed 20ml in 24 hours.
- Children (6 months–2 years):
  - Consult a doctor before giving this medicine to children under 2 years

of age. A healthcare professional will recommend the appropriate dosage.

#### Note:

- Shake the bottle well before use to ensure uniform suspension.
- Always use the provided measuring spoon, cup, or dropper for accurate dosing.

#### **Contraindications**

Ibuprofen (100mg) + Paracetamol (125mg) Suspension should not be used in the following cases:

- Allergy to Ibuprofen, Paracetamol, or any of the ingredients in the formulation.
- Peptic Ulcer or Gastrointestinal Disorders:
  - Patients with a history of peptic ulcers, gastrointestinal bleeding, or other significant GI issues should avoid using this combination.
- Severe Liver or Kidney Disease:
  - Those with severe liver or kidney impairment should not take this medication.
- Asthma (with NSAIDs sensitivity):
  - People who are sensitive to NSAIDs (e.g., Ibuprofen) and have a history of asthma should not use this medication.
- Third Trimester of Pregnancy:
  - Ibuprofen should not be used during the third trimester of pregnancy as it may harm the fetus.
- Severe Heart Conditions:
  - Patients with severe heart disease should avoid this medication, as NSAIDs may increase the risk of heart-related issues.

## 1. Caution in Liver or Kidney Impairment:

 If you have liver or kidney conditions, consult your doctor before taking this medication.
Paracetamol, when overused, can cause liver damage, while ibuprofen may affect kidney function.

#### 2. Gastrointestinal Risk:

 Long-term use of Ibuprofen can cause irritation or ulcers in the stomach or intestines. It should be taken with food or milk to minimize this risk.

### 3. Pregnancy and Breastfeeding:

 Use during pregnancy should be limited to the first two trimesters under medical supervision. It should not be used in the third trimester. Consult your doctor if you are breastfeeding.

# 4. Elderly:

 Elderly patients are more likely to experience side effects from NSAIDs, including gastrointestinal bleeding and kidney problems. Use with caution and under medical supervision.

## 5. Alcohol:

 Limit alcohol consumption while using this medication, as it can increase the risk of liver damage and gastrointestinal issues.

### **Side Effects**

Ibuprofen (100mg) + Paracetamol (125mg) Suspension may cause some side effects, including:

- Common Side Effects:
  - Stomach upset, nausea, or mild abdominal pain.
  - o Drowsiness or dizziness.
  - Mild allergic reactions like rash or itching.
- Serious Side Effects (Less Common):
  - Severe stomach pain, blood in stools, or vomiting blood.

- o Unusual bruising or bleeding.
- Shortness of breath, chest pain, or signs of heart problems.
- Severe allergic reactions, including swelling of the face, lips, or throat.
- Dark urine or jaundice (yellowing of the skin or eyes), indicating possible liver damage.

If any of these serious side effects occur, stop using the medication and seek medical attention immediately.

# **Drug Interactions**

Ibuprofen and Paracetamol can interact with other medications. Some interactions include:

- Blood Thinners (e.g., Warfarin):
  - Increased risk of bleeding when combined with ibuprofen.
- Diuretics (e.g., Furosemide):
  - NSAIDs like ibuprofen can reduce the effectiveness of diuretics and increase the risk of kidney problems.
- Other NSAIDs or Steroids:
  - Increased risk of gastrointestinal bleeding.
- Antihypertensive Drugs (e.g., ACE inhibitors):
  - Ibuprofen may reduce the effectiveness of blood pressurelowering medications.
- Alcohol:
  - Increases the risk of liver damage with paracetamol and can enhance the sedative effects of ibuprofen.

Always inform your doctor or pharmacist about all other medications, including over-the-counter drugs and supplements, that you are taking.

# **Storage Instructions**

Store in a cool, dry place below 25°C.

- Keep away from direct sunlight and out of reach of children.
- Do not use after the expiration date printed on the bottle.

#### **Presentation**

- Pack Size: Available in 100ml and 200ml bottles.
- Form: Oral suspension (liquid).

#### Note:

Ibuprofen (100mg) + Paracetamol (125mg) Suspension is effective for managing mild to moderate pain and fever. Always follow the prescribed dosage and avoid exceeding the maximum recommended dose to minimize the risk of side effects. If you have any concerns or experience unexpected symptoms, consult your healthcare provider immediately.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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